

Seymour College School Wide Positive Behaviour

At Seymour College, we strive to:

- Use my manners and be inclusive of others
- Keep my school clean and care for all my personal and school property
- Listen to staff and follow their instructions
- Be safe at school



VOL 2

Thursday 7 February 2019

2009 BUSHFIRES

February 2019 marks the 10 Year Anniversary of the 2009 Victorian Bushfires which was one of the most significant disasters Victoria has experienced.

The anniversary is a time to reflect and remember the 173 people who died in the bushfires, and to learn about how the fires changed the lives of so many, and how communities have rebuilt. Many Victorians still experience the effects of the bushfires and the severe heatwaves that occurred in early 2009.

The Bushfires of 2009 Community Support Project provides information about a range of support services and care pathways that exist in the regions impacted by the bushfires. If you need help now, call Lifeline on 13 11 14 (9.24/7). There are several ways to access support, including calling the Australian Primary Mental Health Alliance on 1300 514 811 (Mon-Fri 9-5), visiting your local doctor or health service, and visiting headtohealth.gov.au

Trish Bulluss, Assistant Principal, Positive Education, Wellbeing & Engagement



Do you need extra support beyond the bushfires?

Often an anniversary can trigger uncomfortable symptoms.

[Click here to find out where you can access support](#)

Secondary Sector

2019 has commenced on the back of some impressive results which placed Seymour College as the best VCE performing school north of Melbourne and through to Shepparton, east to Wangaratta and west to Bendigo. Dux of the College was Ruby Sakarintr, with an amazing ATAR of 95.15 and she was one of three Seymour College students achieving into the 90s. 86% of our Year 12 students who applied for tertiary courses were offered a place with most student's receiving their first preference as an offer into diverse fields including Biomedicine, Journalism, Commerce, Nursing, Education and a range of other great courses. Our highly regarded VCAL course also saw students leaving with great pathway opportunities including 7 apprenticeships.

On Thursday 31st January, our senior students had the opportunity to listen to a number of motivational speakers who gave advice around the challenging year ahead. For me, the highlight of this session was the address by Callum Ellis who completed VCE in 2015. Callum spoke about his pathway since completing VCE with what he described as a "personally" disappointing ATAR. Callum has since travelled extensively, worked through a Gap year and has completed a Diploma in Mandarin Chinese which has now seen him enrolled into the Bachelor of Politics & International Relations course he missed out on initially, which required an ATAR of 94! His ultimate goal will be to work for World Vision. Seymour College has also been a pilot school for RESN (Regional Education Support Network) which is a free tutoring service provided by high scoring university students and dedicated to providing quality VCE tutoring for regional Victorians. <https://www.resntutoring.com.au/> A big thanks to Ms. Hill who organized this start up program.

Our Coordinators have been working very hard to ensure a smooth transition and it is great to see the new Year 7 students in particular, excited and enthusiastic under the guidance of Mr Lazzaro and Mrs Paholek. Enrolments have been very positive and indicative of the hard work being put in by staff to ensure that student achievement, engagement and wellbeing are at the centre of our attention.

In addition, refurbishment works are now complete with new amenities in the Physical Education stadium, Front and Technical wings. The new eagerly awaited Secondary Learning building, Food Technology Centre and Canteen are powering ahead with the roof and framing virtually completed and ready to go later in this year.

On a final note, after such a positive start to the year, there is now a shift in responsibility back onto the student's to perform at their best. Maintaining high levels of attendance and adopting the school values of Respect, Inspire and Excel and incorporating those values into what you bring to school, on a consistent basis, can make a great school even better!

Derek Rimes, Assistant Principal, Secondary

Grades 1-6 Assembly - 8th February
House Swimming Sports - 15th February
College Photos - 1st March
Curriculum Day – 22nd March (Pupil free)
House Athletic Sports - 29th March
Student Led Conferences - 2nd April

TERM DATES 2019	
TERM 1	29th January - 5th April
TERM 2	23rd April - 28th June
TERM 3	15th July - 20th September
TERM 4	7th October - 20th December

Inclusive Education Sector



It has been a quick and exciting start to the Inclusive Education sector. We presently have five new students, so welcome to Harrison Wharton, Kristina and Korna Lor, Indiana Lavryssen and Matthew Gent.

We hope to include lots of new and exciting activities into the year and it has started off with the SSS class heading to the Botanical Gardens for a tour and talk to start off their horticulture VET subject.

Next week we have students attending the Seymour Alternative Farming Expo and the swimming sports are on Friday 15th February at the Seymour War Memorial Swimming Pool starting at 5.00pm. We would like to see you all there.

A reminder if you have any questions please don't hesitate to call myself or Racheal Broughton at the school number 57711300.

Stephen Garner, Assistant Principal, Inclusive Education

Primary Sector

Firstly, I would like to say a huge thank you to the whole school community for welcoming me to Seymour College, it has been a fantastic first week and wonderful to see all the learning that is occurring in the classrooms!

We have been busy establishing a calm and orderly learning environment in our classrooms this week. This has included moving around the school calmly and sensibly and ensuring that we are coming to school ready to learn. This has been evidenced in the classroom, students are engaged in their learning and enjoying their time in the classroom.

Students have been busy setting up their book boxes and classroom libraries for reading this week. Some of the books the students have chosen are great and it is wonderful to see the vast amount of interests the students have! I encourage all parents and carers to discuss this with your children and read with them when you get the opportunity!

Thank you for your ongoing support and I look forward to meeting you if I have not met you already,

Dean Bush, Assistant Principal, F-6.

Primary Bell Times

Secondary Bell Times

Literacy Session	9:00 – 10:15	Period 1	9:00 – 10:15
Brain Break	10:15 – 10:20	Break 1	10:15 – 10:35
Literacy Session	10:20 – 11:35	Period 2	10:40 – 11:55
Eating Time	11:35 – 11:45	Period 3	12:00 – 1:15
Break 1	11:45 – 12:15	Break 2	1:15 – 1:56
Numeracy	12:15 – 1:30	Period 4	2:00 – 3:15
Break 2 – including clubs	1:30 – 2:00		
Inquiry	2:00 – 3:15		



Health Centre News

Secondary School Vaccinations in 2019

The Secondary School Vaccine Program offers free vaccines to Year 7 and 10 students. These vaccines provide protection against:

Diphtheria, tetanus and pertussis (whooping cough) – one dose for year 7 students

Human Papillomavirus (HPV) – two doses for year 7 students

Meningococcal A,C,W,Y – one dose for year 10 students

Parents/guardians of year 7 and 10 students should look out for the vaccine consent card booklet coming home from school with your child. You need to read the information, complete and return the card regardless of whether your child is being vaccinated at school.

The Mitchell Shire Council immunisation service may contact you about the Secondary School Vaccine Program. Schools are authorised to provide basic parent/guardian contact details to local councils for this purpose. Contact the school by 18 February 2019 if you do not want your contact details given to the Mitchell Shire Council immunisation service.

To learn more about the Secondary School Vaccine Program, the vaccines, the diseases they protect against, or how you can prepare your child for vaccination, go to www.betterhealth.vic.gov.au

Additionally, the Commonwealth government is funding vaccinations for all children under 20 years of age who missed any scheduled vaccines, including a catch up program for Meningococcal ACWY vaccine for adolescents aged 15-19 years of age who have not already received the vaccine in school. If students have missed vaccines, either in childhood or adolescence, and require catch-up vaccines, they should speak with their immunisation provider. (ie. local council or GP).

Doctors in Secondary School

https://drive.google.com/drive/folders/10dTwqyy47aZNTzeqPIs_8d7two8esFj

There is a Doctor at the school for secondary only students on Thursdays from 10am to 2pm. Appointments can be made through Kirsty in the Health Centre. The objectives of the program are to:

- make primary health care more accessible to students
- provide assistance to young people to identify and address any health problems early
- reduce the pressure on working parents.

All secondary school students enrolled at Seymour College will be able to access an adolescent-health trained GP, subject to providing the required consent for the services. Participating schools, students and their parents/carers will not incur any out-of-pocket expenses for student consultations with the GP.

For more information please visit: <http://www.education.vic.gov.au/about/programs/health/pages/doctors-secondary-schools.aspx>

SEYMOUR

Coffee & Chat

Term 1 2019 dates:
Monday 4th March & Monday 1st April
10.00am
Café 96, 96 Station St. Seymour
R.S.V.P. essential to
manager@inspiredcarers.org.au or Ph: 5831 7157

The Strengthening Parent Support Program provides Coffee & Chat groups as an opportunity for parents/carers who have a child with a disability to come together, share experiences and learn in a supportive environment.

VICTORIA State Government | Education and Training | INSPIRED CARERS

MAKE 2019 YOUR YEAR

SWINBURNE

UNIVERSITY OF
TECHNOLOGY



CENTRAL RANGES

A LLEN-supported
initiative to improve
employment outcomes
in the Mitchell Shire

Free TAFE is here in Mitchell! Need help deciding your new career? We can help with additional mentoring and resources.

Now is your opportunity to change your life by working with a highly supportive team towards your life and career goals. Make 2019 your year!

What you will receive

6 months of mentoring and coaching with the Reconnect Team

A FREE TAFE course commencing in 2019: you will gain a certificate III or higher

Unique to your needs up to \$1000 worth of practical support: Such as the purchase of books, kits, tools, transport or uniforms

Literacy support and training provided FREE of charge, if needed

Access to undertake a FREE first aid course

Eligibility criteria

Be aged between 17 and 64

Have been unemployed for the past 12 months

Have not completed year 12

Have not completed a certificate III or higher

Only 30 places available

Find out more

SMS, text or email the Swinburne Reconnect Team

Hope Evans

Swinburne Reconnect Access Worker

e: hlevans@swin.edu.au

m: 0417 143 877

Abbey Brown

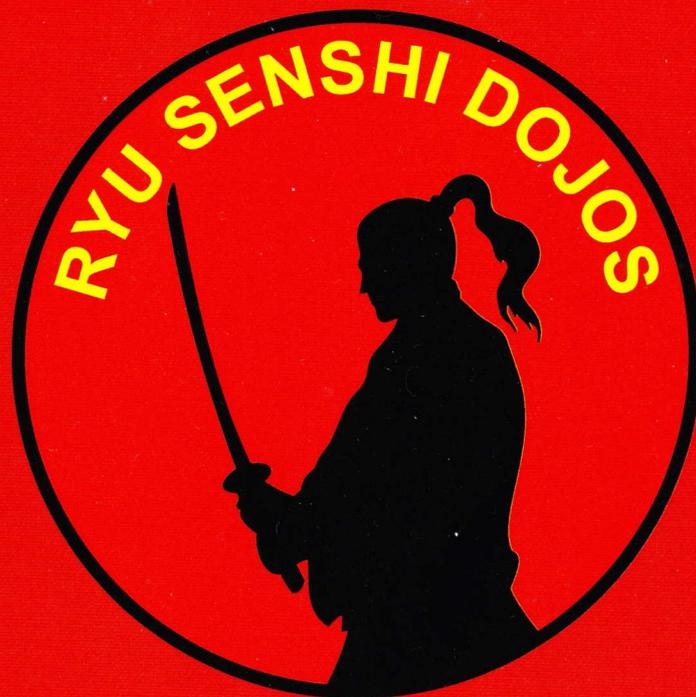
Swinburne Reconnect Coordinator

– Mitchell Outreach

e: abbeybrown@swin.edu.au

m: 0456 650 033

**Contact Hope or Abbey to discuss or visit
freetafe.vic.gov.au for the list of free courses.**



Zen Do Kai Freestyle Martial Arts

FIRST LESSON FREE

\$8.00 Per Class

Seymour College, Junior Games Hall

Loco Street entrance

Monday & Wednesday 6.15pm - 7.15pm

Contact - Dai Sempai B.J on 0439 909 733



- RYU Senshi DOJOS



BOB JONES MARTIAL ARTS

www.bobjonesmartialarts.com.au



2019

**SEYMOUR
JUNIOR NETBALL**

2019



SJNA play in the Kilmore Broadford Netball League (KBNA) which is a Saturday morning netball competition for boys and girls*
for age groups:

9 & Under* **11 & Under***

13 & Under* **15 & Under*** **17 & Under**

Season starts Saturday 27th April

competition runs for 14 weeks plus finals over school terms 2 and 3
(excluding school holidays and long weekends).

We play other clubs in the league such as:

Broadford, Pyalong, Kilmore, St Pats Kilmore, Wandong.

Training

Most likely Wednesday afternoon indoor at Seymour Sports and Aquatic centre

[Registrations open February](#)

[Preseason Training March](#)

Register your interest via Facebook



Enquiries email: seymourjuniornetball@gmail.com