



## Studio Arts

Year 11 and 12 Studio Arts classes travelled to Highlands last week to visit the Hillcrest Gallery and meet the artist Dennis Spiteri.



The students viewed his exhibition of recent paintings and toured the artist's storage area and work space.

They had the opportunity to listen to Dennis talk about his artistic influences and techniques. I was impressed by the way the students responded to the paintings and the gallery, taking time to look carefully and ask the artist questions.

Margaret-Anne Milburn – Art Teacher

### **IMPORTANT DATES**

**Monday 24<sup>th</sup> May**

Year 10 Immunisations

**Tuesday 25<sup>th</sup> May**

Round Robin

Years 7 - 12

**Monday 31<sup>st</sup> May 2021**

Southern Ranges Cross Country

**Mon 7<sup>th</sup> - Wed 9<sup>th</sup> June**

Phillip Island Camp

Grades 5/6

**Mon 21<sup>st</sup> & Tues 22<sup>nd</sup> June**

Parent/Teacher Interviews

**Friday 25<sup>th</sup> June 2021**

Last Day Term 2

**Friday 16<sup>th</sup> July**

Curriculum Day

Pupil Free



**OFFICE HOURS:** 8am - 4:30pm Monday - Friday

**ADDRESS:** 29-47 Stewart Street, Seymour.

**PHONE:** 5771 1300

**EMAIL ADDRESS:** seymour.co@education.vic.gov.au **WEBSITE:** www.seymourcollege.vic.edu.au

# PRINCIPAL'S REPORT

Dear Parents and Carers

Welcome to our mid-term newsletter! Last week saw students in Years 3, 5, 7 and 9 complete the National Assessment Program in Literacy and Numeracy (NAPLAN). We now await the results as the tests will be marked externally to the College. Thank-you to our students for undertaking these assessments to the best of their ability.

Our College Council met last Wednesday evening and it was wonderful to have a presentation by the Junior SRC leaders, Sam and Eliza as they summarised the activities that they have planned for the coming terms. Education Committee was held on Monday 10th May and covered early intervention strategies offered at the college and the review of several college policies. All college policies can be found on the school website under the 'About Us' tab.

To celebrate Careers Week, our Year 9 and 10 students participated in a Careers Quick Meet initiative at the Community Arts Centre in which local employers met with students for a short introduction and discussion around employment options. This initiative allowed for students to be introduced to the world of work, the expectations of employers and future training opportunities. My thanks to the local employers who supported this event and opened the minds of those students who were still unsure as to where their interests lie.

The Minister for Education, James Merlino MP, launched the VET Champions program which will celebrate students completing their Vocational Education and Training courses and have been an inspiration to others. The Minister was live streamed into the Community Arts Centre at the event and it was an opportunity to showcase our great college, programs and facilities.

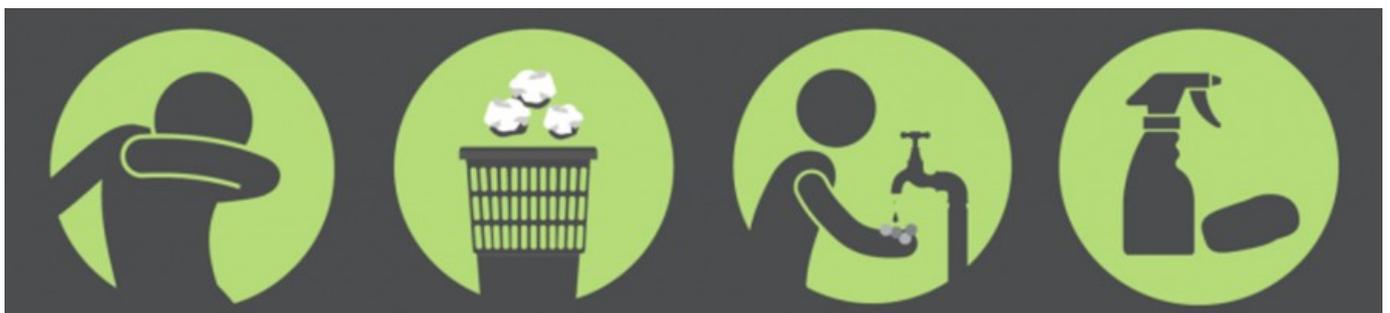
The demolition program is coming to a conclusion, with both decommissioned buildings removed and reinstatement of grassed areas now occurring. If you haven't driven or walked down Loco Street, I would encourage you to have a look through the fence and notice the improvements that have been made during this demolition program.

All the best for the week ahead and please continue to provide warm school uniform items for your children to wear. School caps are available from the office for \$16.

A reminder that mobile phones are to be switched off from the first to the last bell of the school day and stored securely in student lockers.

Students need to be at school each school day - every day counts in their learning and future career pathways. However, if they have any mild symptoms of coughs, colds and higher than normal temperatures please keep them at home to recover. We are still in a Covid-19 response environment and it is everyone's duty to keep our community safe.

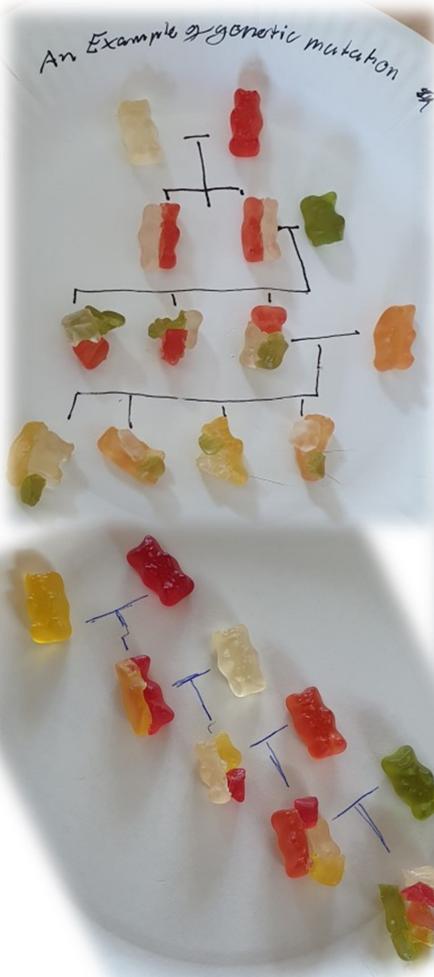
**Gail Hardman - Executive Principal**



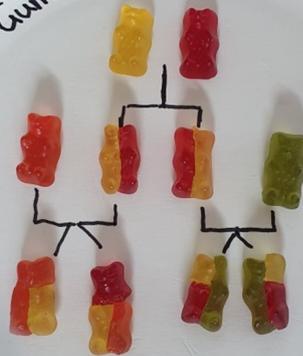
# Science

Using gummy bears in a variety of colours, the year 10's have been making colourful family

trees illustrating how genetics are passed down from parents to children. It starts off very simple with the first generation child being made of half their genetic makeup from their father and half from their mother. Things quickly get complicated as the generations grow as you can see by the fourth generation colourful gummy bear child. This was a tasty activity prior to starting our major assessment task this week on genetic disorders.



Gummy Bear Inheritance

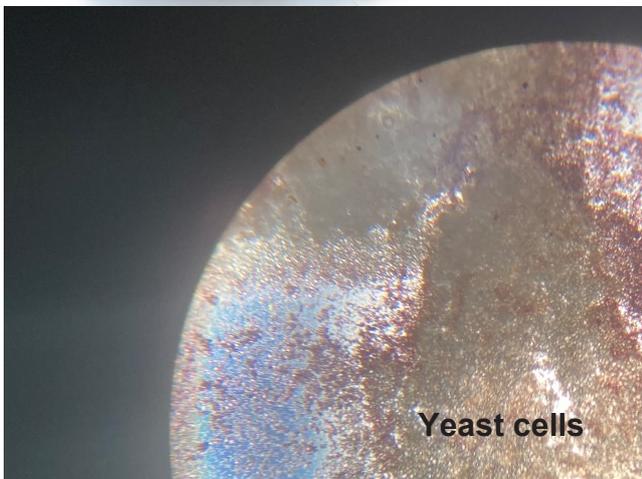


## May is Microscope month!

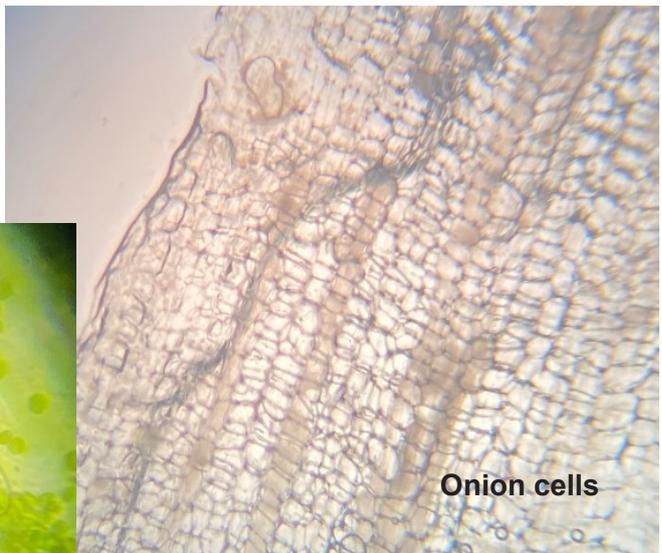
The year 8's and 10's have been observing cells and spying cell walls of onion cells and chloroplasts moving within a plant cell.

The Seymour College science club which is run by the students for the students has created their own sourdough starter and observed their microscopic yeasts that they grew under the microscope.

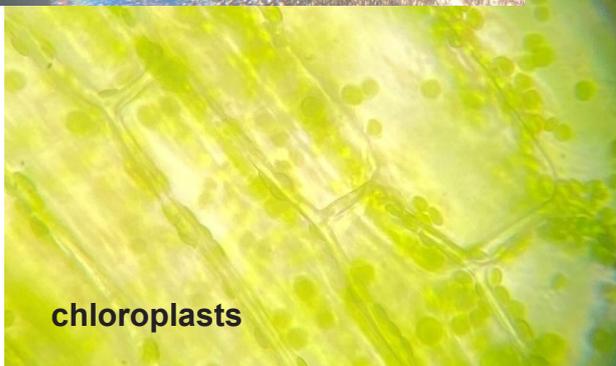
Science Club is open to all year 7-12 students and runs at first break every second Thursday in the science building. This Thursday the science club will be investigating why chilli's are spicy.



Yeast cells



Onion cells



chloroplasts

Kirsty-Lee McBean - Science Teacher

**Child Safety Standards** – we are committed to the safety and wellbeing of all children and young people. This is our primary focus of our care and decision-making. Seymour College community has zero tolerance for child abuse.

# Careers News

## The ACK Careers Expo

Last Friday, 56 of our Year 11 and 12 VCE students attended the ACK Careers Expo. Almost all of the main universities in Victoria were represented, along with some from interstate. The expo included exhibits from the TAFE sector, Independent Tertiary Colleges and industries including the VACC, Victoria Police and the ADF. Feedback from our students about the event was very positive.

## Careers Quick Meet

On Tuesday this week, Seymour College hosted a Careers Quick Meet in our CAC that was organised by the Central Ranges Local Learning and Employment Network. Students in Year 9 and 10 were allocated four minutes to speak with one of 17 different industry representatives before being interrupted by the blast of a horn which signalled it was time to move to the next industry rep.

## Attention Year 9s: Last Chance to Arrange Consent for the Morrisby Profile

For many students in Year 9, the decision about what they want to do in the future can be daunting. How do you know what industries would be good to work in? How do you know if you have the right attributes or skills? Over the past two years, the majority of our Year 9 students have found the Morrisby Profiling and Interviews helpful in getting to know more about themselves and some of the occupations that might match their interests and attributes. Before our Year 9 students can complete the Morrisby online profiling assessment and participate in counselling once their report is generated, we need parent consent. If you have not yet provided consent for your child to participate in Morrisby, forms are available from the General Office and need to be signed and returned by this Friday (21<sup>st</sup> of May).

**Jeremy Linton - Careers Coordinator**



**ABOVE:** Danielle Corocher with Paige at Merak Hair and Beauty



**Socially distanced VET Project Ready students hard at work**

# Inclusive Education

Happy ES Day! The 16th of May was ES Day. Our Education Support Officers are such a wonderful support to our college community. From our office staff, our wellbeing officers, our IT supports, the science and food tech support, our defence transition aide, our library support, our maintenance support, and our staff supporting our classes with students with additional needs we know we are surrounded by support. The care these members of staff show the students does not go unnoticed. Our ES staff proudly watch the students they have supported over the years transition through the college, they check in with them and share in celebrating the student's successes. Our ES are flexible, kind-hearted, knowledgeable, and humble. We send our sincere thanks to all our Education Support.

Racheal Broughton - Inclusive Education, Assistant Principal



In the Green room we use a variety of different visuals, pictures, sensory items and crafts to practice our writing skills.



The students of Green Room were focusing on H is for House this week. After seeing different types of houses they made bird houses, mixed up seeds to encourage different birds and then hung them in the gardens surrounding Inclusive Ed. Keep an eye out to spot them and see if there are birds using them.



## SM'S SHERBET EXPERIMENT

Ingredients

- 1 Citric acid
- 2 Icing sugar
- 3 Bi-carb soda



We mixed the ingredients in a cup.

We tasted the sherbet.

THE SHERBET TASTED SWEET AND SOUR.

It fizzed and popped on our tongues.

### Excursion to the Spanish Film Festival



As part of our Spanish education, our class went on a fun excursion to the Spanish Film Festival in Melbourne. We watched "Las Ninas", a coming-of-age drama about a group of Spanish schoolgirls who grow up, learn more about themselves and eventually rebel against their parents and the strict catholic school that they attend. During our trip to Melbourne, we also experienced some Mexican culture by having lunch at *Hecho En Mexico*, where we enjoyed some delicious quesadillas, tacos, burritos, and other incredible Mexican food and drink. Overall it was a fun, educational outing that me and the rest of our Spanish class really enjoyed. Thanks Ms. Hill!

By Nate Hackwill

Seymour College Parents & Friends Association would like to thank all of our amazing students, parents, relatives & carers who participated in our Mother's Day Stall & Raffle. Your contribution made for a very successful fundraising event and we hope it made your Mother's Day one to remember.



Prize winners for the Raffle: 1<sup>st</sup> Prize - Wil Barclay 2<sup>nd</sup> Prize - Lucas Musgrove 3<sup>rd</sup> Prize - Liam McHutchison

*A huge thank you to Jan Cresswell from JC Footwear for her donation of Slippers and a handbag for our raffle!!! Jan's ongoing support of our School is very much appreciated!!*

Thank you to all of our staff and helpers who assisted on the day, without your efforts we would be unable to run these events.

# Age Champs



## District Cross Country

Fifty-Seven Primary and Inclusive students attended the district cross country this week. We were very proud of all the students who competed.

Sophie Fifield and Renee Ford won each of their age groups. Sam Zotti finished second in the year 12/13 boys, Jacob Stathopolous, Mason Beattie and Lucas Musgrove finished 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in the multiclass event and all six students will now progress to the division level next week. Seymour College finished 4<sup>th</sup> overall only 20 points behind the winner Puckapunyal.

**Stephen Garner - Sports teacher**

Cross Country age champions, Sophie Fifield 10 year old girls and Renee Ford 12 year old girls

## What does making good choices look like?



### TOKENS:

A new snack voucher has arrived and is great for winter.

The snack voucher can be redeemed for 2 tokens and will buy one of a giant cookie, a pizza sub or a chicken strip at the canteen.

Also great for the new afternoon break

### RESPECT

Looks like:

- \* Walking around the paths
- Putting my rubbish in the bins
- Calling others by their name
- I get to class on time

### INSPIRE

Looks like:

- Acknowledging the great work of others
- Encourage others to be on time and ready to learn
- I bring my student journal to every class

### EXCEL

Looks like:

- I complete my work on time
- I give my best effort every time
- I lead by example
- I am responsible for my own behaviour

### School Wide Positive Behaviour Support

At Seymour College:

**“ I am responsible for my own learning ”**

Seymour College acknowledges Aboriginal and Torres Strait Islander peoples as the traditional custodians of the land and acknowledges and pays respect to their elders, past and present.

# From the Health Centre

With football back in full swing and netballers back on the court.

Can I please remind parents that sport related concussion is a growing health concern across Australia. Concerns about the incidence and possible health ramifications have led to an increased focus on the importance of diagnoses and patient management, to be sure that the condition is safely and appropriately treated.

Students should only return to learning after being symptom free for 48hrs. Your family GP can assist you and determine when your child is safe to return to school/sport.

Parents and carers need to work with the YLC and school nurse to manage student concussions. Please notify the school nurse if the student has suffered a concussion at sport out of school hours.

Kirsty Hare RN - School Nurse

## 📌 Introducing ReachOut.com/Parents

When a parent recognises a teenager needs help, they're more likely to get it. That's why ReachOut Australia – the country's leading online mental health organisation for young people – has introduced a free new service to help parents help teenagers. Free and available 24/7, **ReachOut.com/Parents** provides evidence-based practical support and tips that encourage effective communication and relationships between parents and young people aged 12–18 years, as well as easy-to-read information on a range of mental health and wellbeing issues. The service features more than 140 fact sheets, stories, practical tips and tools, and also provides access to an online community forum so that parents can connect with each other to share experiences in an anonymous, supportive space.



### Personal identity and self-discovery

The teenage years can be filled with self-discovery, as teenagers try to figure out who they are as a young adult. While this is a common part of growing up, it can also be a very confusing time for young people and their parents and carers. While young people are discovering their sexuality and gender identity, it is important that they have information and support through this ever-changing process. To learn more about identity, sexuality and gender, and find out how to offer your support during this process, go to [ReachOut.com/Parents](https://parents.au.reachout.com/skills-to-build/wellbeing/sexuality-and-teenagers) or use the link below.

<https://parents.au.reachout.com/skills-to-build/wellbeing/sexuality-and-teenagers>

Lucy Paisley, Secondary School Nurse

### STUDENTS WHO ARE UNWELL

Students who become unwell at school are required to attend the Medical Centre located in the admin building and see the School Nurse, Kirsty, who will assess the student and contact a parent if the student needs to go home. Students are **NOT** to call home prior to attending the Medical Centre.

### FAMILY CHANGE OF DETAILS OR CIRCUMSTANCES

If you have recently moved house or have changed your contact details, phone etc. please let us know as soon as possible. This enables us to contact you quickly if your child is ill and may need to go home.

## Seymour Family and Children's Centre

Kids First Playgroup and Our Place participated in National Simultaneous Storytime 2021 - joining over 1 million children reading across Australia and New Zealand to read "Give Me Some Space!" by Phillip Bunting this week.

It is great to see children and families regularly attending playgroups, parent groups, kinder and visiting the maternal and child health nurse every day at the Seymour Family and Children's Centre.

This week we launched the My Time Parent Support Group which is for families and carers of children with a disability, developmental delay or any chronic health condition. This is happening again Monday May 31<sup>st</sup> from 10am. Come down and have a cuppa and meet the lovely facilitators Trish and Shannon, younger siblings more than welcome to attend also.

We are also launching the Seymour Family and Children's Centre Book Swap this week. You'll see some books on the shelf in the foyer which are there for anyone to take home to read and share with your children. You can swap or take what you like! 🎉 🙌 😎 🧐 👩 👨 👦 📖

Wednesday playgroup still has spots available – it is free and for all children aged 0- 5 and starts at 9.15am. Call Georgia or Louis if you have any questions.

Please drop in anytime to the SFCC to say hi, find out what is happening at the centre and around Seymour and help yourself to a tea or coffee!

Georgia, Louis and Liz

**ourplace**  
education is the key to the door



**Seymour**  
FAMILY AND CHILDREN'S CENTRE

**PLAYGROUP**  
Kids First Playgroup will commence Term 2, 2021  
FREE for all families children aged 0 - 5 years

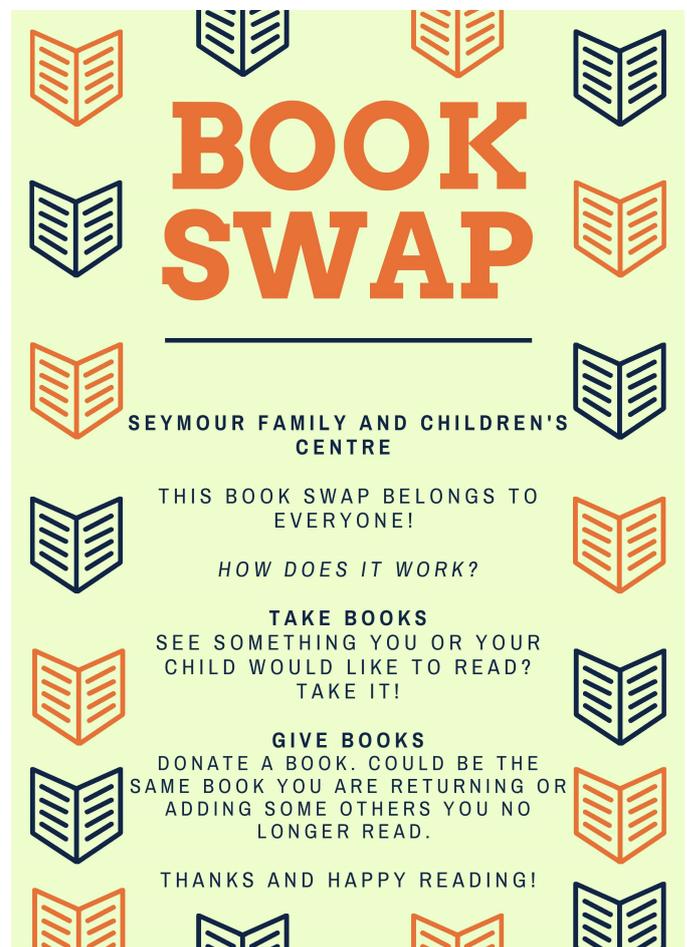
**LOCATION**  
Seymour Family and Children's Centre  
29 Stewart Street, Seymour

**DATES AND TIME**  
Wednesday mornings from 9.15am to 10.45am

**ABOUT**  
We will be providing play activities and a snack for children. Sessions will be facilitated by a qualified early learning teacher. A fun experience for kids and carers!

**REGISTER**  
Please contact Our Place staff to register your interest as numbers will be limited (due to COVID restrictions)

**Georgia**      **Louis**  
0403 340 216      0413 381 442



**BOOK SWAP**

SEYmour FAMILY AND CHILDREN'S CENTRE

THIS BOOK SWAP BELONGS TO EVERYONE!

HOW DOES IT WORK?

**TAKE BOOKS**  
SEE SOMETHING YOU OR YOUR CHILD WOULD LIKE TO READ? TAKE IT!

**GIVE BOOKS**  
DONATE A BOOK. COULD BE THE SAME BOOK YOU ARE RETURNING OR ADDING SOME OTHERS YOU NO LONGER READ.

THANKS AND HAPPY READING!

## CAMPS, SPORTS & EXCURSION FUNDING

If you hold a valid means-tested concession card or temporary foster parent card and haven't filled out this year's **CSEF** form, contact the General Office ASAP before applications close on

**25<sup>th</sup> June 2021**

## CANTEEN

Quench drinks will no longer be available as a drink option due to no longer being available from the supplier.



SEYMOUR  
MYTIME



MyTime groups are for parents and carers of a child with a disability, developmental delay or chronic medical condition.

A **FREE** service where you can socialise and share ideas with others who understand caring for a child with additional needs.

It's your time to catch up with other parents/carers in a relaxed setting. Play helpers are there to keep your children busy and active. Siblings under 6 are welcome.

### What will you get out of my time?

Assistance

Community

Shared  
Experiences

Friendship

Connections

Come along and see for yourself the benefit of being part of a group like this! Morning Tea provided

Every second Monday from 10.00pm – 12.30pm

#### LOCATION

Seymour Family & Children's Centre,  
Multi purpose room  
29 Stewart St  
Seymour

#### TERM DATES

Mondays  
17<sup>th</sup> May  
31<sup>st</sup> May

#### CONTACT

TRISH  
Group Facilitator  
58317157  
events@  
inspiredcarers.org.au  
Or  
Madison  
Madisonk@  
dsav.asn.au

### BELL TIMES 2021

(Primary, Secondary & Inclusive Ed)

Period 1	9.00 - 10:15
Period 2	10:20 - 11:35
Break 1	11:35 - 12.15
Period 3	12:15 - 1:30
Break 2	1:30 - 2:00
Period 4	2:00 - 3:15

### TERM DATES 2021

TERM 1	28th January - 1st April
TERM 2	19th April - 25th June
TERM 3	12th July - 17th September
TERM 4	4th October - 17th December

Dignity and  
Respect

The Department of Education and Training is committed to providing safe and supportive environments where diversity is valued and everyone is treated with respect, fairness and dignity.



# Chat to the Intereach NDIS Local Area Coordination team

If you are aged 7 and above and living with a disability, Intereach may be able to deliver Local Area Coordination (LAC) services to you.

This includes linking you to the NDIS and to mainstream and community supports in your area.

An Intereach LAC team member will be available to provide information and answer questions you may have about Local Area Coordination and the NDIS.

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**When:**

**Where:**

**Time:**

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For more information please contact:

**Intereach Community Links**

**Email:** [contact@intereach.com.au](mailto:contact@intereach.com.au)

**Phone:** 1300 488 226

For more information about the services Intereach offers:  
P: 1300 488 226 | [www.intereach.com.au](http://www.intereach.com.au)

One of the most important things we can do to slow the spread of coronavirus (COVID-19) in our community is to stay at home when we are unwell, even when we have the mildest of symptoms.

## What you need to know

### 1. If a child is unwell, even with the mildest of symptoms, they must stay at home

If a child becomes unwell during the day, they must be collected from school/early childhood education and care (ECEC) as soon as possible.

### 2. If a child has any of the symptoms of coronavirus (COVID-19) outlined below, however mild, they should get tested and they must remain at home until they receive their results:

- fever
- chills or sweats
- cough
- sore throat
- shortness of breath
- runny nose
- loss of sense of smell or taste.

In certain circumstances headache, muscle soreness, stuffy nose, nausea, vomiting and diarrhoea may also be considered symptoms.

For further advice:

- call the 24-hour coronavirus (COVID-19) hotline 1800 675 398
- call a general practitioner
- use the Department of Health and Human Services (DHHS) [online self-assessment tool](#).

Visit: [Where to get tested](#).

### 3. A child must stay at home until they are symptom free, even if their coronavirus (COVID-19) test is negative

If a person has tested positive for coronavirus (COVID-19) or been identified as a close contact they must isolate/quarantine until they receive clearance from DHHS.

**Children with persistent symptoms due to underlying conditions such as hay fever or asthma** whose symptoms are clearly typical of their condition can continue to attend ECEC/school. They should be tested for COVID-19 if they develop symptoms that are different to or worse than their usual symptoms. They should consider getting a medical certificate from their GP to attend ECEC/school if they have persistent symptoms that may overlap with symptoms of COVID-19 such as cough or runny nose.

**Younger children (pre-school up to Grade 2) may have prolonged post viral symptoms** such as a runny nose or cough and may return to school/ECEC following a negative COVID-19 test even if they are not completely free of symptoms. They will need a medical certificate from their GP to confirm they are otherwise well or have recovered from their acute illness.

For information on the minimum periods students and children need to stay at home for other conditions, refer to the [DHHS school exclusion table](#).

### 4. Children do NOT need a medical certificate before returning to school/ECEC

Once symptoms have cleared, there is no requirement from the Department of Education and Training or DHHS for children/students to have a medical certificate before they return to school/ECEC.

**Thank you for your support in following these steps, together we can all stay safe.**



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Multi purpose  
room

29 Stewart St

Seymour

Mondays

17<sup>th</sup> May

31<sup>st</sup> May

#### CONTACT

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