

ABOVE: Lily Thorpe and Aaliyah Fountain, using their spares wisely in the VCE Centre. Making their biology teacher, Mr. Jimenez, and psychology teacher, Mrs. Rilen, very proud.

IMPORTANT DATES

Monday 22nd March
Melbourne Zoo
Year 7

Friday 26th March
Catch up School Photos

Thursday 1st April
Last Day Term 1

Thursday 22nd April
VCE & VCAL Meet & Greet
6pm

CAMPS, SPORTS & EXCURSION FUNDING

If you hold a valid means-tested concession card or temporary foster parent card you may be eligible for the **CSEF**.

Contact the General Office for more information.

School Wide Positive Behaviour Support

At Seymour College:

“ I will take pride in my work ”

OFFICE HOURS: 8am - 4:30pm Monday - Friday

ADDRESS: 29-47 Stewart Street, Seymour.

PHONE: 5771 1300

EMAIL ADDRESS: seymour.co@education.vic.gov.au **WEBSITE:** www.seymourcollege.vic.edu.au

House Athletics

Thanks to all those students who attended the house athletics last Friday. It was a hard fort event with some amazing performances. We had a number of records broken on the day. Jack Davey broke the 800 and 1500m records, Claire Noonan also picked up two records in the Javelin and the Shot put. Long jump records were broken by Ella Zotti 13yrs and Monique Purchase 17yrs. In the shotput Josh Vearing, Sophie Quigg and Zahra Kelly all became new record holders.

Our age Champions for the day were:

| Age group | Male | Female |
|-----------|--------------------------------|--------------------------|
| 9Years | Mason Beattie | Sienna Rhodes |
| 10 years | Merv Head/ Ashah Fennell | Sophie Fifield |
| 11 Years | Max Christensen | Ella Sturzaker |
| 12 Years | Samuel Zotti | Rena Ford |
| 13 Years | Joshua Vearing | Ella Zotti |
| 14 Years | Lachlan Thomas | Zahra Kelly |
| 15 years | Joel Ryan | Sonya Freeman |
| 16 years | James Hurely | Lily Ford |
| 17 years | Mitchell Harper | Claire Noonan |
| 20 years | Matthew Whitford/ Caleb Ilbury | Giselle Tennant- Andrews |

The final House scores were:

Chittick -1694
 Lighthorse -1512
 Goulburn -1301
 Kings -1149

Congratulations to Jacinta Swan, Charlie Mcleish, Brad Bullock and Ariella Head who represented the college at the Hume swimming finals. Charlie and Jacinta were successful in progressing to the state finals.



**Dignity and
Respect**

The Department of Education and Training is committed to providing safe and supportive environments where diversity is valued and everyone is treated with respect, fairness and dignity.

Mindful Monkeys incursion.

The Mindful Monkeys incursion was a wonderful lesson for foundation, grades one and two students to understand and engage fully with a mindful mindset. Why not ask your child about mountain breathing?



Reg and Ryder being practising mindfulness.



Jack showing off his handy work after creating a glitter tube.



Tristan and Mason relaxing with their glitter tubes.



Students are being body detectives, searching for emotions.



PRIVACY INFORMATION FOR PARENTS AND CARERS

Our school collects, uses, discloses and stores student and parent personal information for standard school functions or where permitted by law, as stated in the [Schools' Privacy Policy](#).

Please take time to remind yourself of the school's collection statement, found on our website <https://www.seymourcollege.vic.edu.au/wp-content/uploads/2020/07/Privacy-Policy-1.pdf>

Child Safety Standards – we are committed to the safety and wellbeing of all children and young people. This is our primary focus of our care and decision-making. Seymour College community has zero tolerance for child abuse.

Book Fair Competition Winners

Thank you to all students who entered this year's Book Fair Competition.

Winners of the space colouring sheet in F-2 were:

Amelia Jones Jeffery
Amelia Evans
Kobee Duggin
Ryder Worth

These students each received a bag of goodies.

Winners of the Book Review in grades 3-6 were:

Evie Tarran
Phoebe Parsons
Beth Alston
Emily Hooper
Claudia Parker

These students were awarded a \$10 voucher to spend at the Book Fair.

We sold \$2,500 worth of books, and the school will profit by selecting books to the value of \$750 to add to our classroom libraries.

Thank you everyone for your support and happy reading.

Katherine Cook - Reading Recovery



DEFENCE SCHOOL MENTOR NEWS

Defence School Mentor:

My contact hours are Tuesday and Thursday 0830 to 1600, Wednesday 1200 to 1500
Contact me via the following means

Email: Maryanne.Carroll-keays@education.vic.gov.au Phone: 5771 1300

Please note....This is a fabulous opportunity for your kids if required.

The Defence Education Assistance Scheme...

is a government funded initiative. A Defence Force student who has had their education disrupted, due to posting from one location to another may be eligible to receive up to **14 weeks of tuition**. In order to qualify for this initiative an application must be submitted within the first 18 months of arriving in the new posting locality and the tutoring must be completed within this same time frame. For more information contact the ...

Defence Family Helpline on 1800 624 608.

Please let me Know!

So I can support your children.

1. Is your family Posting?
2. Is the defence member deployed or deploying soon?
3. Is your family living MWDU?

Please respond via email.



Inclusive Education



Lily



Raven



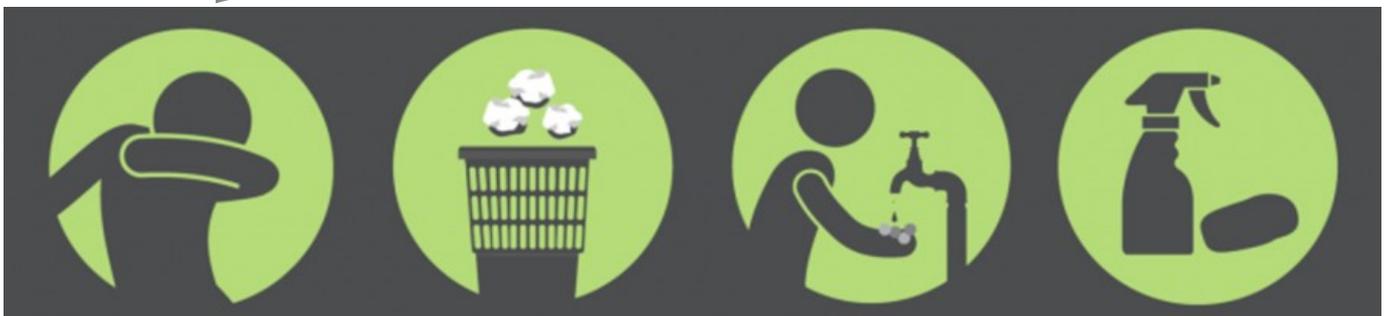
Aily



Nakita



Ben



FAMILY CHANGE OF DETAILS OR CIRCUMSTANCES

If you have recently moved house or have changed your contact details, phone etc. please let us know as soon as possible. This enables us to contact you quickly if your child is ill and may need to go home.

FROM THE HEALTH CENTRE

Help stop the spread of gastro outbreaks in schools

In 2021, cases of viral gastroenteritis (gastro) outbreaks in Victoria are more than double the five-year rolling average in Victoria.

Schools should be vigilant in identifying and taking steps to prevent the spread of gastro.



How gastro spreads

Gastro is particularly infectious. It can be spread:

- through person-to-person contact
- through the air when a person vomits

via contact with contaminated items and surfaces.

Identifying a gastro outbreak

A gastro outbreak may be defined as two or more cases of vomiting or diarrhoea among children or staff within 48 hours of each other, and where the symptoms cannot be explained by medication or other medical conditions.

Helping prevent gastro

While alcohol-based hand sanitisers are recommended to prevent transmission of COVID-19, they are not effective for dealing with many of the viruses that cause gastro. Ensure your soap dispensers are full and in high-use areas.

The most effective ways to prevent gastro are:

- wash hands thoroughly with soap and running water for 20 seconds, especially before preparing or eating meals and after using the toilet
- anyone who develops vomiting or diarrhoea should stay home for **48 hours** after their symptoms have passed, as they may still be infectious during this period

clean and sanitise facilities following [Department of Health guidelines](#)

see a GP for advice and testing if symptoms are severe or persist.

Kirsty Hare RN - School Nurse

STUDENTS WHO ARE UNWELL

Students who become unwell at school are required to attend the Medical Centre located in the admin building and see the School Nurse, Kirsty, who will assess the student and contact a parent if the student needs to go home. Students are **NOT** to call home prior to attending the Medical Centre.

Seymour College acknowledges Aboriginal and Torres Strait Islander peoples as the traditional custodians of the land and acknowledges and pays respect to their elders, past and present.



Parents and Friends Assoc. Fundraiser Event

Hot Cross Bun Morning Tea

Thursday 1st April, 2021

| | | |
|-------------------------------------|--------|--------------------------|
| 1 x Fruitless Hot Cross Bun & Prima | \$5-00 | <input type="checkbox"/> |
| 1 x Fruit Hot Cross Bun & Prima | \$5-00 | <input type="checkbox"/> |
| 1 x Extra Hot Cross Bun | \$2-00 | <input type="checkbox"/> |

.....
Total \$.....

Student Name:.....

Class / Year Level:.....

Due Back Friday 26th March 9.00AM. (Sorry) No late Orders...



Parents and Friends Assoc. Fundraiser Event

Hot Cross Bun Morning Tea

Thursday 1st April 2021

| | | |
|-------------------------------------|--------|--------------------------|
| 1 x Fruitless Hot Cross Bun & Prima | \$5-00 | <input type="checkbox"/> |
| 1 x Fruit Hot Cross Bun & Prima | \$5-00 | <input type="checkbox"/> |
| 1 x Extra Hot Cross Bun | \$2-00 | <input type="checkbox"/> |

.....
Total \$.....

Student Name:.....

Class / Year Level:.....

Due Back Friday 26th March 9.00AM. (Sorry) No late Orders...



EASTER EGG FUNDRAISER



Seymour College Parents & Friends are once again having their Easter Egg Fundraiser and are requesting your assistance with donations of easter eggs for our raffle!! Donations can be left at the Office.

Tickets have been sent home with students. Tickets are \$1.00 each of \$10 per book. Extra books will be available from the office. Tickets & money to be returned by 9.00am Wednesday 31st March



The Raffle will be drawn at the Easter Bonnet Parade on Thursday 1st April.



EASTER BUNNY WILL BE HERE!!

Victorian Chief Health Officer message to schools, early childhood centres and their communities



Term 1 is now fully in swing for 2021, which makes it even more important for every Victorian to play their part to help prevent the spread of COVID-19. We all want

Victoria to continue to stay safe and stay open and we want our children to continue to learn at their school, kindergarten or other early childhood education centre.

Recently, we've seen some cases of COVID-19 emerge. The Department of Health is doing everything it can to prevent spreading in the community through locating close contacts, continued testing and wastewater monitoring.

Early childhood centres and schools have comprehensive COVIDSafe plans in place. This means that schools and centres have embedded the behaviours we learned in 2020 and are well placed to act quickly and respond to any identified risks.

I am confident this is reassuring to families, children and staff.

However, the importance of all Victorians remaining vigilant cannot be stressed enough.

It is vital that we all continue to stay home when unwell, get tested, perform regular hand hygiene, and cough into your elbow if you have to. I remind all staff, students, parents and families to wear a face mask when required and stay at least 1.5m apart from others when practical.

I also encourage you to promote and ensure testing whenever a child or staff member has any symptoms, no matter how mild. Getting tested and staying home until results are known remains critical to limiting the spread of COVID-19.

It is also important to get tested when it is recommended, for example, if you have visited an exposure site.

The symptoms to watch out for are:

- loss or change in sense of smell or taste
- fever
- chills or sweats
- cough
- sore throat
- shortness of breath
- runny nose.

Continued vigilance to prevent the spread of COVID-19 ensures that schools and early childhood education centres remain safe for students and staff.

Adj. Clinical Prof. Brett Sutton
Victorian Chief Health Officer

