

## PRINCIPAL'S REPORT

Dear parents, carers, students and community members

It has been a challenging few weeks after the devastating floods hit Seymour and surrounding areas. Once again, our community was exceptional in supporting those in need. The school closure for four school days ensured that we remained safe, away from swollen rivers and off the badly damaged roads.

We farewelled our Year 12 students on the 21<sup>st</sup> October and they conducted their own final assembly and also had great fun redesigning their uniforms and collecting autographs.

The first VCE examination, English, was completed by our VCE students last Wednesday. It was wonderful to see the students so confident and prepared for their first exam. They are continuing to study for the balance of their exams and are able to access revision and assistance from their teachers at school during the day. My thanks to students, parents and teachers for your positive attitude in approaching, completing and/or supporting these assessments.

Year 11 examinations begin next Monday 7th November, and the Year 11 into Year 12 Headstart program starts on Monday 14th November. Transition experiences continue across the year levels with the final event being the Statewide Transition Day on Tuesday 13<sup>th</sup> December.

Staff completed professional learning on Monday and have started the process for end of semester reports.

If you require assistance or wellbeing support as a result of the recent flood situation please contact our wellbeing officers on 5771 1300 or access the services below:

- Lifeline – 13 11 14 – crisis support available 24/7 via phone, text or online chat
- Parentline – 13 22 89 – support for parents and carers
- Kids Helpline – 1800 55 1800 – support for kids, teens and young adults
- NURSE-ON-CALL – 1300 60 60 24 – expert health information and advice
- Australian Psychological Society Referral Service – 1800 333 497
- Safe Steps – 1800 015 188 – family violence specialists available 24/7
- Orange Door – access services for adults, children and young people who are experiencing family violence
- Mental Health & Wellbeing Hubs – 1300 375 330 – book an in-person or telehealth appointment for anyone who feels overwhelmed or needs support with mental health concerns.

**Gail Hardman - Executive Principal**

### **IMPORTANT DATES**

**Friday 25 November**  
Foundation Transition Day  
9.15am - 10.15am

**Friday 2 December**  
Foundation Transition Day  
9.15am - 10.15am

**Friday 9 December**  
Foundation Transition Day  
9.15am - 10.15am

**Mon 12– Thurs 15 Dec**  
EOY Activities  
Years 7 - 9

**Tuesday 13 December**  
State wide Transition Day  
9.15am - 2.30pm

**Wed 14 December**  
Upper Plenty Day Camp

**Tuesday 20 December**  
Last Day term 4

Seymour College acknowledges Aboriginal and Torres Strait Islander peoples as the traditional custodians of the land and acknowledges and pays respect to their Elders, past, present and emerging.

**OFFICE HOURS:** 8am - 4:30pm Monday - Friday

**ADDRESS:** 29-47 Stewart Street, Seymour.

**PHONE:** 03 5771 1300

**EMAIL ADDRESS:** seymour.co@education.vic.gov.au **WEBSITE:** www.seymourcollege.vic.edu.au

# Year 7 News



The year 7 classes participated in a Respectful Relationships session including team-building activities and opportunities to reflect and consider emotions and the impact our emotions have in the way we relate to one another. Lots of students received rewards for their wonderful behaviour and participation.

**Bethany Scott - Secondary Teacher**



## Inclusive Education

### GV Water Competition

Our schools category winners of the recent Goulburn Valley Water Art Competition to celebrate Water Week were recently shortlisted and competed against the winners from the other schools. A staggering 5,895 students from 40 schools took part this year. 50 staff members from GV Water then voted for their top 3 finalists in each category. Once all the votes were counted the overall winner of the Inclusive Education category was Codey Reynolds-Barns from Red Room. Codey was happy with his certificate but he was super excited to receive a voucher for JB Hi-Fi.

**Bronwyn Boote - IE Specialist Teacher**



### Parking in Bus Bays and Near School Crossings

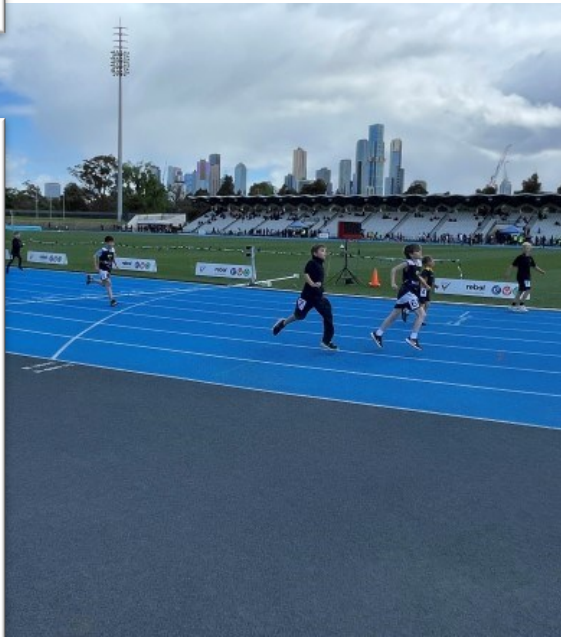
Seymour College and Mitchell Shire Council are working together to ensure the safety of children and pedestrians using school crossings. School speed limit zones and parking regulations to assist with safe drop off and pick up of students are in place and will be enforced over coming weeks. Council parking enforcement officers can issue infringements for stopping and parking rule violations and there is zero tolerance on illegal parking in the vicinity of the bus bays and school crossings. Seymour College and Mitchell Shire Council are seeking parent support in terms of ensuring compliance with road rules and parking.



# Athletics

Three of our inclusive students travelled to South Melbourne to the State Athletics centre on Wednesday to compete in the primary school state event. Mason Beattie, Jaxon Haby and Cassie Wright were in two events each. Each student did an amazing job overcoming weather, nerves and the crowds. They all improved on their previous efforts but it took until our last event to get our hands on some silverware. Cassie pulled out an amazing jump in the long jump and was successful in getting the bronze medal for third. Mason still has to keep his training up as he will be travelling to Brisbane in a couple of weeks to participate in the National carnival. We wish him well.

**Stephen Garner - Sport coordinator**



## From the Health Centre

It has come to our attention that some students in our Secondary and Primary school have headlice and I seek your cooperation in checking your child's hair this week and if needed treating your child over the weekend.

### Headlice

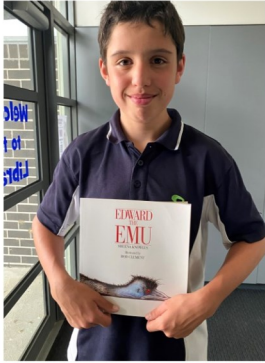
The presence of head lice is a very common childhood occurrence in the community. The primary responsibility for the management and treatment of head lice in students belongs with parents.

At Seymour College, the management of head lice infestations is a recurring and challenging matter at times throughout the year. It requires commitment from the whole school community in a concerted effort to treat outbreaks and minimise transmission. Communication and support within the school community can be conducive to minimising future infestations.

Head lice are small, wingless insects that live in the hair on your head and can be challenging to eradicate. They can only survive in human hair, need to feed from the scalp several times a day and can only survive up to two days off the person's head. Though not dangerous, head lice are a common problem for children between the ages of 3 and 11 and have nothing to do with personal hygiene or cleanliness and do not carry disease.

**Brooke Wessels EN - School Nurse**

# Tokens



# VCAL



VCAL are running the first ever Friday BBQ and first ever student run BBQ at Seymour Bunnings.

**Friday 18<sup>th</sup> November**

11am – 2pm

Sausages \$3.50

Drinks \$1.50

Come down and get your Bunnings sausage!

All profits donated to flood victims

## Bunnings Visit

VCAL were lucky enough to get a visit from Cam (Complex Manager) and Clare (Trade Specialist) from Seymour Bunnings. They explained to the students about the pathways in Bunnings and even if they don't work for Bunnings, how they will help them in their trades. When Cam was at school, he did VCAL – so was a great advocate and the students were impressed. They also brought merch with them – which they loved.

**Lisa Macheras - Year 12 VCAL Program Manager**



## Dignity and Respect

The Department of Education and Training is committed to providing safe and supportive environments where diversity is valued and everyone is treated with respect, fairness and dignity.



# SENIOR SCHOOL NEWS

## End of year dates senior school

Last day for Unit 2/4/VCAL/VET results – 7<sup>th</sup> November

Year 11 exams – 7<sup>th</sup> to 11<sup>th</sup> November

Last year 12 exam – Monday, 14<sup>th</sup> November

Year 11 into 12 Head Start – 14<sup>th</sup> to 25<sup>th</sup> November

Year 10 exams – 21<sup>st</sup> to 25<sup>th</sup> November (number of days to be confirmed)

Year 10 into 11 Head Start – 28<sup>th</sup> November to 2<sup>nd</sup> December (last day of year 10)

Year 12 results available – 12<sup>th</sup> December

School Wide Positive Behaviour Support  
Current Focus

I line up before class  
and wait quietly



## Calling all volunteers



Would you like to help children read?  
If you are interested, drop in.

Date: 9th November

Time: 9:00 - 9:30am

Venue: 29 Stewart Street Seymour - Our Place Multi-purpose room

Cost: Free

Tea, coffee and snacks will be provided.

Contact: Our Place Community Facilitator

[tanya.begley@ourplace.org.au](mailto:tanya.begley@ourplace.org.au)

0434 388 592



Seymour College is a Relationships School. We model respectful relationships and gender equality practices across the entire school.

RESILIENCE  
RIGHTS &  
RESPECTFUL  
RELATIONSHIPS

  
Australian Red Cross  
**BLOOD SERVICE**

Got a bit of time this month?  
Time to give blood and change lives? 1 in 3 people in Seymour will need blood, and they need people like you to give it. We're rolling into town from 14 to 18 November. Don't forget to pre-book your spot at [lifeblood.com.au](http://lifeblood.com.au), on our app or on 13 14 95.



# Defence School Mentor News

Kelly Quigg - Defence School Mentor

My contact hours are Tuesday & Thursday 08:45 -16:30 or contact me via the following: PH- 5771 1300

Email: [Kelly.quigg@education.vic.gov.au](mailto:Kelly.quigg@education.vic.gov.au)

## Please respond via email posting order...

Please let me know if your family is leaving Seymour College.

I can support your children to prepare.

There is a range of resources and services DMFS offer to families before and during their move that may be of use. [Home : Moving, Relocation & PostingConnect : Department of Defence](#)

**My contact hours are Tuesday & Thursday 8:45- 16:30**

Email: [Kelly.quigg@education.vic.gov.au](mailto:Kelly.quigg@education.vic.gov.au)

Ph: 035771 1300

## Remembrance Day preparations.

Our poppy project was a big hit with over 450 crocheted poppies being made and donated, from members of our school and wonderful community.

Over the next two weeks I will be running some Remembrance Day activities during first break for our junior students out of the art room. I will be assisted by some of our senior Defence students. This will be a great learning experience for foundation through to Grade 6 and for our senior students to share some of their experiences of what its like to be a Defence family.



## RSL poppy Appeal 2022

Wear a **poppy** in the lead up to Remembrance Day on November 11. Please purchase a **poppy** to support veterans and their families in their times of need. Students will be going around classrooms over the next 2 weeks with the poppy appeal box. If you would like to purchase the range supplied is \$2 through to \$10. Box will be kept in main library.



## Building Better Relationships

This evidence-based program is designed to help parents foster connections with their teenage children.

Soldier On understands that while parenting teenagers can be very rewarding, it can also be one of the most challenging things you do in life. This evidence-based program for parents of teenage children, is available to veterans of Victoria.

**To register for this program or to learn more about it, reach out to our psychology team.**

[psychology@soldieron.org.au](mailto:psychology@soldieron.org.au) | 1300 620 380



Please name your children's jumpers and jackets so we can return them if they are lost. We have lots of items in our lost property box without names.

## Enrolment Forms

If you have a new student starting at Seymour College in 2023, please get your enrolment forms to us ASAP.

## FAMILY CHANGE OF DETAILS OR CIRCUMSTANCES

If you have recently moved house or have changed your contact details, phone etc. please let us know as soon as possible. This enables us to contact you quickly if your child is ill and may need to go home.

# Calling all design and engineering enthusiasts....

Seymour College has signed up to the *Bendigo Tech School Unboxy Challenge* using the Unboxy modular cardboard construction system.

If you're in Years 7-10 we want to challenge you to utilise Unboxy Kits to compete in any or all of three Categories – Engineering, Visual Arts or Architectural Design.

What you need to do:

1. Form a team of up to 5 students from Years 7-10, develop your ideas and start creating. You could win big prizes for our school.
2. Register your team with Ms McClaren in the Science area.
3. Start designing
4. Upload your video of your design by Friday 11<sup>th</sup> November 2022

## The Challenge

Student teams (up to 5) document their response to the challenge in one of three categories:

- *Engineering (tallest structure)*
- *Visual Arts (most beautiful piece)*
- *Architectural Design (Shelter, scaled for students)*

Each team must produce a film, uploaded to the submission portal.  
Ms McClaren will help with this.





# Introducing your child to Seymour College

We are delighted to invite your child for a taste of school life over four transition sessions



Each session will start in the Foundation classrooms.

Please sign in with office staff at the Seymour Families and Children's Centre (SFCC) entrance and collect a name badge for your child.



## **Session 1: Friday 25th November 2022**

**9:15am until 10:15am**

Children will enjoy songs, stories and craft during this session.

- Parent Information session on this day at Seymour Families and Children's Centre (SFCC)



## **Session 2: Friday 2nd December 2022**

**9:15am until 10:15am**

- The children will enjoy songs, stories and craft during this session.
- Parent Information session on this day at Seymour Families and Children's Centre (SFCC)



## **Session 3: Friday 9th December 2022**

**9:15am until 10:15am**

- The children will enjoy visiting the art room, primary games hall, songs and a story during this session.
- Parent Information session on this day at Seymour Families and Children's Centre (SFCC)



## **Session 4: Tuesday 13th December 2022—9:15am until 2:30pm**

### **STATEWIDE ORIENTATION DAY**

- Children will need to bring a bag with their lunch, snack, water bottle and a hat on this day



We look forward to seeing you at the Transition Sessions. Any questions please call us on 5771 1300