

Seymour College Canteen Menu 2023

HOT FOOD:

Gluten free options are available. Please order with canteen staff prior to recess on the day.

Meal of the day

(Please see daily notice board)

Small	\$4.00
Large	\$6.00
Hamburger with the lot	\$6.00
Chicken Burger	\$5.50
Chicken Parma Burger	\$5.50
Breakfast Burger, Bacon and Egg	\$5.00
Nachos, with Salsa and Cheese	\$4.50
Potato Gems	\$2.50
Ham/Cheese Croissant	\$4.50
Souvlaki, Lamb or Chicken	\$6.50
Large Sausage Roll	\$4.00
Meat Pie	\$4.00
Chicken Strips	\$1.50
Hash Browns	\$1.50
Hot Dog	\$4.00
Toasted Sandwiches from	\$3.50

FOCACCIAS:

Chicken, Cheese and Avocado	\$7.00
Salami, Cheese, Tomato, Spinach	\$7.00
Ham, Cheese and Tomato	\$7.00
Tandoori Chicken	\$7.00

COLD FOOD:

SALAD ROLLS, WRAPS, SANDWICHES:

(Salad includes, tomato, cheese, carrot, cucumber beetroot & lettuce)

Extras: red onion & pineapple	\$0.50
Extras: Avocado, Egg, Tuna	\$1.00
Chicken and Salad	\$6.50
Ham and Salad	\$6.50
Salami and Salad	\$6.50
Cheese and Salad	\$5.50
Salad	\$5.50
Cheese	\$3.50
Variation with Cheese, Ham, Tomato	\$4.00
Mixed Salad Tubs	\$5.50
Mixed Salad Tubs with Chicken or other	\$7.00

SNACKS:

Assorted Muffins	\$3.00
Homemade Slices, from	\$1.50
Cookies, from	\$1.50
Jelly Cups	\$1.00
Fruit Salad	\$4.00
Yoghurt, Granola and Fruit	\$4.50

DRINKS:

Pump Water (Plain/Flavoured)	\$4.00
Nippys Flavoured Milk 500ml	\$4.00
Water 600ml	\$2.50
Powerade (no sugar)	\$4.00
Juices	\$2.50

All food prepared fresh daily. If you have any special dietary requirements, please contact our friendly staff on 0428 177 775 or come and chat with us on the day.