

PRINCIPAL'S REPORT

Hello Everyone! Let me say what an honour and privilege it is to be the newly appointed Principal for Seymour College.

Firstly, let me share a little about my journey to this point.

I was born and raised in Nagambie and attended the local Catholic school, before starting my secondary education at Sacred Heart Seymour and finishing my Form 5 and 6 at Seymour Technical High School. After graduating as a secondary teacher, I taught for 2 years at Goroke Consolidated in the Wimmera, before returning home to the Goulburn Valley to teach at Mooroopna Secondary College. At Mooroopna I taught predominately English, Drama and Media and held a variety of leadership positions such as Year 8 Level Coordinator and English Coordinator. Following this I was appointed as Assistant Principal at Shepparton High School for 10 years before I moved on to be Principal of Numurkah Primary School. I have recently moved back to Nagambie with my husband and we are eagerly awaiting the completion of our new home. I also have a daughter who is currently in her first year of teaching in Shepparton.

For me it is interesting how everything has come full circle and I am back in the town I grew up in and the school where I was once a student. Many members of my immediate family and extended family once attended Seymour High School and because of this I feel a deep sense of commitment to the school and want Seymour College to be the first school of choice for Seymour and the extended community.

I look forward to touching base with everyone.

Debbie Oliver - Principal

Education Week Invitation

Families and friends are invited into the Primary and Inclusive classrooms at 2:10pm on Wednesday 17th May to celebrate Education week and participate in some engaging and fun learning activities with students.

Parents must sign in at the General Office before making their way to their students classroom.

IMPORTANT DATES

Wed. 10 - Fri. 12 May
Year 11 & 12 VM Camp

Thursday 11 May
Secondary House
Cross Country

Tuesday 16 May
Secondary Round Robin

Monday 22 May
Year 10 Immunisations

Thursday 1 June
Pupil Free Day

Monday 12 June
Kings Birthday
Public Holiday

Thursday 15 June
GAT

Monday 19 June
Parent Teacher Interviews

Friday 18 August
Curriculum Day
Pupil Free

Thursday 14 September
Student Led Conferences

Monday 6 November
Assessment & Reporting
Pupil Free

Seymour College acknowledges Aboriginal and Torres Strait Islander peoples as the traditional custodians of the land and acknowledges and pays respect to their Elders, past, present and emerging.

OFFICE HOURS: 8am - 4:30pm Monday - Friday

ADDRESS: 29-47 Stewart Street, Seymour.

PHONE: 03 5771 1300

EMAIL ADDRESS: seymour.co@education.vic.gov.au **WEBSITE:** www.seymourcollege.vic.edu.au



Defence School Mentor News

Kelly Quigg- Defence School Mentor

Kelly.quigg@education.vic.gov.au

PH: 035771 1300

Mon & Thu 8:30 – 16:30 – Tue 8:30- 12:00



Anzac Services



Anzac Day is not just about commemorating the service and sacrifice of those who have served and continue to serve Australia; it's also a time to acknowledge their families.

Seymour College would like to thank all the families who assisted in getting their children to all commemorative ceremonies to represent our school. Thank you to Georgia and Charlotte Donnelly who attended the Nagambie service. Zahra Kelly and Liam Reyne who attended the Dawn service at Puckapunyal and Josh Speechley and Mary Parker who attended the Seymour service. It was an absolute honour to have our students represent our school on such a solemn day.

Open Arms provides free and confidential counselling to anyone who has served at least one day in the ADF, and their families.



OPEN ARMS
Veterans & Families Counselling

1800 011 046

OpenArms.gov.au

For all current and former ADF personnel and their immediate family members



Grade 3/4 News

On April 5th, the year 3 and 4 students joined the Legacy's Anzac Day service at the Shrine. The students really enjoyed traveling down to the city. They were extremely well behaved during the service, listening respectfully, and participating when necessary. After the service we had lunch and a short tour of the inside of the Shrine. It is fabulous to tour the Shrine if you are looking for a family outing.

The students also listened respectfully at our schools ANZAC service last week and we were privileged to have a real soldier have a talk to them later that day. He spoke about what it is like to be a soldier and some of his experiences in the army. We are grateful to all soldiers past and present for defending our country, peace and way of life.

Kristen May - Grade 3/4 Teacher



Careers

Defence Career Expo at Puckapunyal

The Department of Defence will be hosting Army Careers Expo at Puckapunyal on **Friday 01 September 2023**. This opportunity is available to all interested students.

This event has been developed to showcase the variety of careers (full-time and part-time) available in the Army and Defence. It will provide students an insight into:

- Benefits within The Australian Army which is one of the world's leading military forces.
- A valuable opportunity to have one-on-one discussions with ADF members to discuss their experiences and lifestyle.
- Interaction with Defence Force Recruiting (DFR) team about current job vacancies, salary and benefits, Defence University Sponsorship, Defence Force Academy, GAP Year, STEM opportunities

The Australian Army will conduct several static displays and live demonstrations which students will be able to participate in. Students will be able to view equipment close-up that is not normally open or accessible to the public. Some of the equipment on display will include:

- Australian Army School Armour: Display of Main Battle Tanks, Light Armoured Vehicles and Armoured Personnel Carriers.
- Australian Army School of Artillery: Display of M777 Guns, Air Defence Systems and Unmanned Aerial Systems.
- Australian Army School of Transport: Display all of Army's vehicle fleet including Heavy Vehicles and several Protected Mobility Vehicles including the Bushmaster and Hawkei.
- Australian Army School of Infantry: Display of an infantry section and all its capabilities.
- Defence Force School of Signals: Display of the communications systems used by the ADF on the modern battlefield.
- Students will be also able to participate in a number of hands-on activities including a physical training lesson run by Physical Training Instructors from the Australian Army as well as the opportunity to ride in some of Army's vehicles.

On behalf of the Australian Army's Combined Arms Training Centre and the Directorate of Youth (Defence Work Experience Program), we would like to extend the invitation for our students to attend this expo on **Friday 01 September 2023 from 10 am to 2 pm**.

If you are interested in attending this Careers Expo on Defence pathways you must **register your interest** to attend by contacting Ms Felicity Wilmot or Mrs Carol Fisher, your Career Practitioner's at Seymour College no later than **Tuesday June 13th**.

Depending on numbers, please note that students may need to arrange their own transport to and from this event. There are no restrictions on arrival or departure timings for this event.

Swimming Championships

Oisin O'Sullivan competed in the State School Swimming Championships on Friday the 28th April 2023 after progressing through the three different stages of swimming.

Oisin competed in the 50-metre freestyle and 50 metre backstroke in which he placed 4th and 7th respectively.

A great effort for Oisin on the day and we hope to see him back in the water next year representing Seymour College.



Senior School

The GAT will be held on Thursday 15th June 2023 for all students in year 12 and those students undertaking a 3-4 sequence.

For more information please see the link below.

<https://www.vcaa.vic.edu.au/assessment/vce-assessment/general-achievement-test/Pages/GATOverview.aspx>

Reduced public transport fares for regional Victoria

On Friday 31 March 2023, the Department of Transport and Planning introduced lower regional public transport fares across Victoria, including on V/Line, local trains, buses and trams.

This means that weekday travel is capped at a daily fare of \$9.20 or \$4.60 for concession. For shorter regional trips, fares cost less. The daily fare to travel on Victoria's regional network on weekends and public holidays is now capped at \$6.70 or \$3.35 for concession. For more information, refer to the Public Transport Victoria website.

Mother's Day Stall

Year 11 and 12 VM students will be holding a Mother's Day Stall for the Primary students on Friday 12th May from 9:30am.

Gifts will range from \$1 - \$10. Students will be able to purchase a maximum of two items.

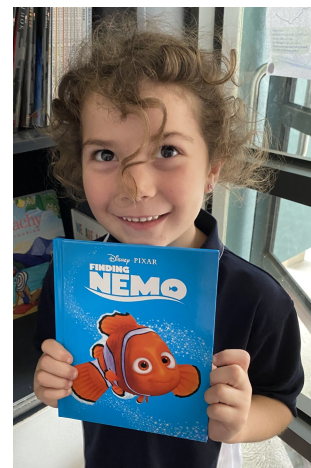
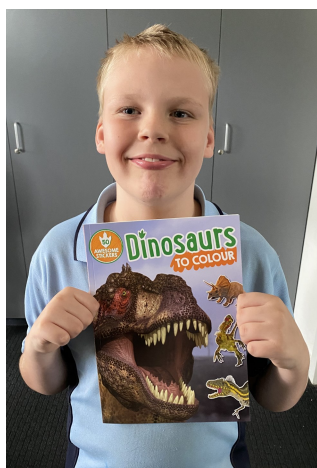
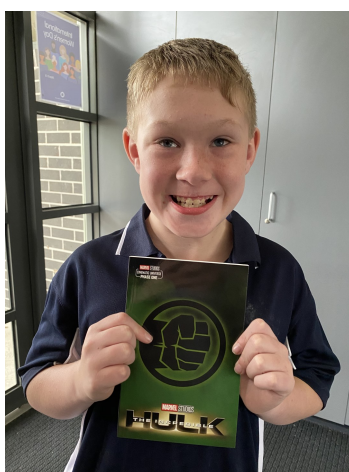


Bike Shed

If your child brings a bike/scooter to school it is recommended that they also bring a lock to lockup their bike/scooter as the school cannot be responsible for bikes/scooters left in the bike shed after it is unlocked at the end of the day.



Tokens



PUPIL FREE DAYS 2023

Monday 24th April	Curriculum Day
Thursday 1st June	Pupil Free Day
Friday 18th August	Curriculum Day
Monday 6th November	Assessment and Reporting

PARENT TEACHER INTERVIEWS

Monday 19th June	3:30 - 4:50
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STUDENT LED CONFERENCES

Tuesday 4th April	11:00 - 6:00
Thursday 14th September	11:00 - 6:00



JOIN THE FUN!

NAB AFL Auskick is for everyone and is one of the best, first experiences for kids aged 5-12, wanting to learn all about Australian Football.

Find your closest centre today.

play.afl/auskick

NEED HELP GETTING YOUR P's?

Log your minimum 120 hours of driving experience with the help of a volunteer supervising driver.

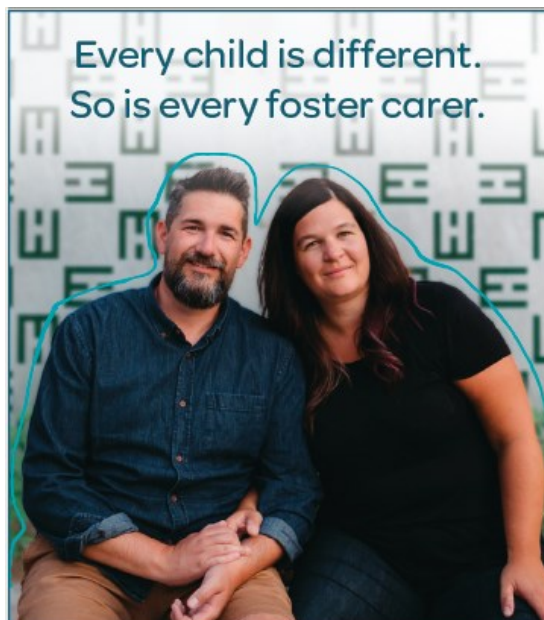
The TAC L2P program helps young learner drivers with no access to a supervising driver or vehicle to attain 120 hours of experience on the road plus up to seven FREE lessons with a professional driving instructor.

The program is open to young people who:

- are aged 16 to 20 years
- hold a current learner permit
- have no or limited access to a car or a supervising driver

live in the City of Greater Shepparton and Shires of Strathbogie, Moira and Mitchell

To apply, email the Berry Street – TAC L2P Program at L2PHume@berrystreet.org.au



Every child is different.
So is every foster carer.

BERRY STREET

A little of your time can change an entire life.

In Victoria, the number of children who cannot live safely at home has risen every year over the last 10 years. Children in care have experienced trauma – they need a safe, nurturing home environment to help them recover.

If you are over 21 and have a spare bedroom, we would love to hear from you. As a foster carer, you could make a huge difference to a child or young person in need.

For more information please contact Janene
T: (03) 5822 8100 or E: hume fostercare@berrystreet.org.au





CAMPS, SPORTS & EXCURSION FUNDING (CSEF)

If you hold a valid means-tested concession card or temporary foster parent card you may be eligible for the **CSEF**.

Contact the General Office for more information.

Seymour Family & Children's Centre

Weekly Activities Term 2 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Kids First Kindergarten	3 & 4 Year Old Kinder 9am – 2pm	Baby College 10.30am – 12.30pm Kids First Universal Playgroup 1.30pm – 3.00pm	3 & 4 Year Old Kinder 9am – 2pm	3 & 4 Year Old Kinder 9am – 2pm	
Consulting rooms	Maternal & Child Health Nurse (MCH) 9am-3pm by appointment on 5734 6253	Maternal & Child Health Nurse (MCH) 9am-3pm by appointment on 5734 6253	Maternal & Child Health Nurse (MCH) 9am-3pm by appointment on 5734 6253	Maternal & Child Health Nurse (MCH) 9am-3pm by appointment on 5734 6253	Nexus Speech Pathologist 9am-3pm Ph 1300 77 33 52
	Nexus Nurse Practitioner Natalie Ph 1300 77 33 52		Nexus Speech Pathologists 9am – 3pm Ph1300 77 33 52	Kilmore Health Antenatal Clinic Ph 57342 162 9am – 1pm	Nexus Occupational Therapist Ph 1300 77 33 52
Multi-purpose room	My Time Support Group 11am-1pm 15 th May 29 th May 12 th June	Small Talk Supported Playgroup 10.30am – 12.30pm MCH New Parents Group (By invitation from MCH Nurses) 1pm – 3pm	Mitchell Shire Council Immunisation Sessions 1 st Wednesday of every month. No booking necessary to attend. Ph 5734 6355 for information	 	The Bridge Young Parents Group Fortnightly 11am – 1pm
Foyer	Muffin Mondays, Book Swap, Free computer use, Free Tea & Coffee				

Bringing Up Great Kids

Parenting group

Be the kind of parent you would
like to be!

Learn more about

- Getting in tune with your child through mindfulness and reflection
- Understanding the why of your child's behaviour and how to bring in more calm
- Improving communication through understanding early brain development
- Ways that parents can care for themselves and find support when they need it



Wednesdays 10am-12pm
FamilyCare, 64 High Street,
Seymour
Commencing 3 May - 7 June
to register call
Central Intake 1800 161 306

For parents and carers with
children up to 12 years old



EMOTION COACHING

CONNECTING WITH OUR KIDS

A FREE 2 hour workshop for parents & carers of children 2-10 years

Help your child to:

- Understand their emotions and be able to communicate how they feel
- Regulate their emotions and calm themselves
- Develop resilience and positive self-esteem
- Develop problem-solving and social skills
- Develop kindness and empathy towards others

Wednesday 17 May 2023

9:15am - 11:15am

Our Place Seymour, Seymour College

for any questions contact

FamilyCare Central Intake 1800 161 306

or [register online](#)

This workshop is for parents and/or carers in the Goulburn Region (Greater Shepparton, Moira, Strathbogie, Mitchell and Murrindindi)



Activate Inclusion Sport Days Come and Try Sessions

Every Monday from 15 May to Monday 26 June 2023

**Seymour Sports and Aquatic Centre
Pollard St, Seymour VIC 3660**

Come along to Seymour Sports and Aquatic Centre to try lots of different sports and find out what you like! This is a FREE inclusive sporting event.

For people with disabilities – Maximum 25 people per session – please register

Monday 15 May	BASKETBALL	<u>Under 18</u>	2pm – 3pm	<u>All Ages</u>	3:30pm – 4:30pm
Monday 22 May	RUGBY	<u>Under 18</u>	2pm – 3pm	<u>All Ages</u>	3:30pm – 4:30pm
Monday 29 May	AFL	<u>Under 18</u>	2pm – 3pm	<u>All Ages</u>	3:30pm – 4:30pm
Monday 5 June	SOCCER	<u>Under 18</u>	2pm – 3pm	<u>All Ages</u>	3:30pm – 4:30pm
Monday 19 June	SOCCER	<u>Under 18</u>	2pm – 3pm	<u>All Ages</u>	3:30pm – 4:30pm
Monday 26 June	SKATEBOARDING	<u>Under 18</u>	2pm – 3pm	<u>All Ages</u>	3:30pm – 4:30pm
<i>*Green Shed Kings Park Seymour</i>					



This is a COVID-safe, all-ages, alcohol-free event. We aim to make this event accessible and inclusive to all of the community. If you would like to attend this event and have specific access needs, please contact Wendy Kelly (details below) and we will do our best to accommodate you.

wendyk@nexusprimaryhealth.org.au

0488 541 439

Scan the QR code to register

